

APPENDIX C. MODIFIED RULES SUMMARY

AHJSA MODIFIED RULES SUMMARY (REVISED MAY 2015)

The U/8, U/9, U/10 and U/12G will follow the rules set out in the table below *as far as is practicable*.

Playing Format	Under 8	Under 9	Under 10	Under 12G
Numbers	7v7	7v7	7v7 to 9v9 in equal numbers by coach agreement	7v7 to 9v9 in equal numbers by coach agreement
Field Size	Approx. 50m x 40m or across pitch	Approx. 50m x 40m or across pitch	Approx. 60m x 40m or across pitch	Approx. 60m x 40m or across pitch
Field Markings	Painted Lines	Painted Lines	Painted Lines	Painted Lines
Penalty Area (See Goalkeeper Safety Zone)	12m x 5m	12m x 5m	12m x 5m	12m x 5m
Goal Box (See also Goalkeeper Safety Zone)	12m x 5m	12m x 5m	12m x 5m	12m x 5m
Goalkeeper Safety Zone	12m x 5m	12m x 5m	12m x 5m	12m x 5m
Halfway Line	Yes	Yes	Yes	Yes
Centre Circle	7m diameter	7m diameter	7m diameter	7m diameter
Corner Quadrants	0.7m	0.7m	0.7m	0.7m
Corner Flags	Yes	Yes	Yes	Yes
Goal Size	Min: 3m x 1.80m Max: 5m x 2m	Min: 3m x 1.80m Max: 5m x 2m	Min: 3m x 1.80m Max: 5m x 2m	Min: 3m x 1.80m Max: 5m x 2m
Goal Type	Goals	Goals	Goals	Goals
Goal Nets	Yes	Yes	Yes	Yes
Ball Size	Size 3	Size 3	Size 4	Size 4
Designated Positions	Flexible	Yes	Yes	Yes
Goalkeeper	Yes	Yes	Yes	Yes
Goalkeeper Only Safety Zone in Goal Box Area - see note 2	Yes	Yes	Yes	Yes
Defender in Safety Zone - see note 1	Corner Kick	Corner Kick	Corner Kick	Corner Kick
Attacker in Safety Zone - see note 1	Goal Kick	Goal Kick	Goal Kick	Goal Kick
Offside	No	No	No	No
Penalty Free Kicks	No - see goalkeeper safety zone rules	No - see goalkeeper safety zone rules	No - see goalkeeper safety zone rules	No - see goalkeeper safety zone rules
Game Start	Teams line up in their own (defensive) half. Game is started with a kick forward to a team mate from the halfway line. Opposition players must outside centre circle or 7m from ball on kick off.	Teams line up in their own (defensive) half. Game is started with a kick forward to a team mate from the halfway line. Opposition players must outside centre circle or 7m from ball on kick off.	Teams line up in their own (defensive) half. Game is started with a kick forward to a team mate from the halfway line. Opposition players must outside centre circle or 7m from ball on kick off.	Teams line up in their own (defensive) half. Game is started with a kick forward to a team mate from the halfway line. Opposition players must outside centre circle or 7m from ball on kick off.
Restart After Goal	From halfway as per game start	From halfway as per game start	From halfway as per game start	From halfway as per game start
Ball Over Side Line	Throw in 2 attempts allowed	Throw in 2 attempts allowed	Throw in 2 attempts allowed	Throw in 2 attempts allowed

Playing Format	Under 8	Under 9	Under 10	Under 12G
Goal Kick	From anywhere in penalty area/goalkeeper safety zone. Opposition players must retreat to halfway. To be in play ball must go out of area untouched.	From anywhere in penalty area/goalkeeper safety zone. Opposition players must retreat to halfway. To be in play ball must go out of area untouched.	From anywhere in penalty area/goalkeeper safety zone. Opposition players must retreat to halfway. To be in play ball must go out of area untouched.	From anywhere in penalty area/goalkeeper safety zone. Opposition players must retreat to halfway. To be in play ball must go out of area untouched.
Corner kick	From corner	From corner	From Corner	From Corner
Free Kicks	Defenders must be 7m from ball. All free kicks are indirect.	Defenders must be 7m from ball. All free kicks are indirect.	Defenders must be 7m from ball. All free kicks are indirect.	Defenders must be 7m from ball. All free kicks are indirect.
Playing Time	2x 20m halves	2 x 20m halves	2 x 25m halves	2 x 25m halves
Interchange	Unlimited	Unlimited	Unlimited	Unlimited
Half time Break	5-10 minutes	5-10 minutes	5-10 minutes	5-10 minutes
Coach on Field	Yes, but not in safety zone	Yes, but not in safety zone	No	No
Referee	Home Club Referee	Home Club Referee	Home Club Referee	Home Club Referee
Competitive League	No	No	No	No

Notes:

The following rules should be applied with common sense.

- 1) Attackers/Defenders in the Goalkeeper safety zone should only be penalised if they are playing or attempting to play the ball or if their presence impedes the goalkeeper. Other accidental incursions should receive a reminder that they must stay out of the safety zone.
- 2) There is no larger penalty area than the goalkeeper safety zone for the goalkeeper to handle the ball in including kicking after picking it up. Unless by picking up the ball the goalkeeper clearing prevents a possible goal scoring opportunity the goalkeeper should not be penalised but reminded that (s)he can only handle the ball in the safety zone.