

# UNDER 13 Girls 9V9

## PLAYING FORMAT & RULES

### PLAYING FORMAT

The playing format for Under 13 girls leagues is as follows:

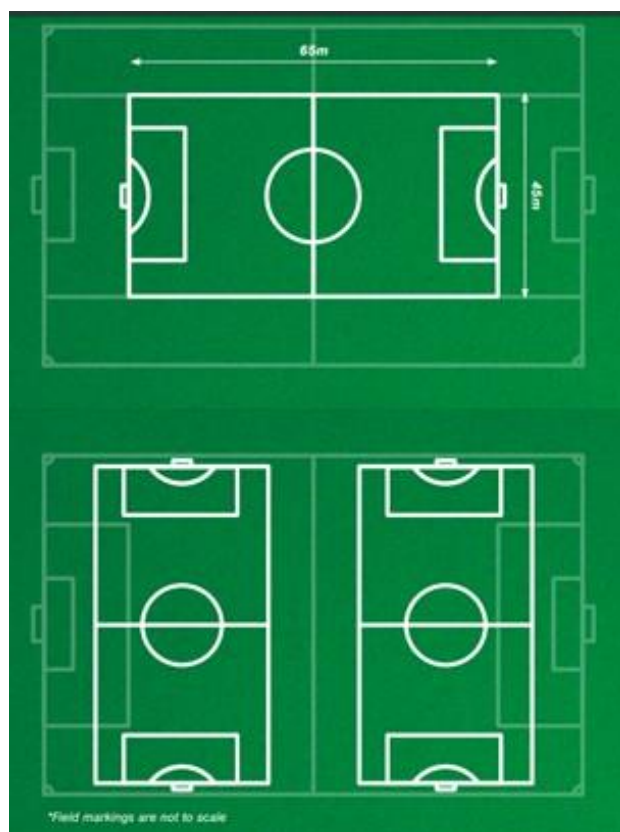
Numbers	9 v 9 Including Goalkeeper. Max of 5 substitutes
Field Size	Length: 60 - 70m Width: 40 - 50m
Goal Size and Type	Height: 2m Width: 5m Permanent or portable goal must be compliant with the Australian Competition and Consumer Commission's Consumer Notice No.28 of 2010
Field Marking	Cones, Markers or Painted Lines are allowed
Penalty Area	Depth: 10m Width: 20m Penalty Spot 7m from goal line
Duration of Game	2 x 30-minute halves
Half Time	5 minutes
Referee	Football SA Appointed
Assistant Referees	Club appointed Assistant Referees
Interchange	Maximum 5 Players
Ball Size	5
Results	Yes

### COMPETITION RULES

Under 13 Girls Competition is played under FIFA Laws of the Game with modified rules to assist players in their development as well as refine the transition to 11 v 11 football, these include:

**Pitch Markings:** All pitch markings as required for a full-size pitch, including the penalty area, are required for all Under 13 Girl's matches.

Pitch markings can be marked with paint, or flat markers. Painted lines must be a different colour to any existing line markings used for the full-size pitch.



**Offside:** The offside rule will be included in the Under 13 Girl's Competition as it is an integral rule to the game of football. The 9 v 9 format will assist players to understand and learn the rule as there is less space between the halfway line and the opposition goals.

**Goal kick:** Goal kicks can be taken from anywhere within the penalty area. Opponents must be outside the penalty area until the ball is in play.



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### COMPETITION RULES

**Throw ins:** When taking a throw-in, the player is to face the field of play, have part of each foot on the ground either on or behind the touch line, use both hands and delivers the ball from behind and over their head. The thrower must not touch the ball again until it has been touched by another player. The ball is in play once it enters the field of play. A goal cannot be scored from a throw-in.

**Corner kicks:** Opponents must be at least 5 meters away from the ball until it is in play. The ball is in play when it is kicked and moves.

**Discipline:** Red or Yellow cards will be issued to players in Under 13 Girl's Competitions. Red and yellow cards will be issued in accordance with the Laws of the Game. Sanctions will be issued in accordance with the Football SA Table of Offences.

### OTHER RULES AND REGULATIONS

Other than the rules specified in this document, all other rules will be in accordance to the FIFA Laws of the Game and the Football SA Rules and Regulations.

### MATCH OFFICIALS

Where possible, Football SA will continue to appoint match officials to Under 13 Girl's matches. Similar to the concept of the players learning the game through small sided football, Football SA will also be utilising the Under 13 Girl's League to introduce and develop new referees to the game.

Clubs will be required to supply a club Assistant Referee for all games.

### COACH ACCREDITATION

In accordance with the Rules and Regulations, head coaches for the Under 13 girls require a minimum of a Game Training Certificate.

### MATCH RESULTS

The recording of match results will be conducted in all Under 13 Girl's competitions. Points tables will be used and results published.

### FURTHER INFORMATION

For further information on coaching and player development contact Football SA Technical Department. For information on competitions contact Football SA Competitions Department.